

Welcome to the Food Bank Hunger Games!

6:30pm-9:00pm

**April 27, 2017**

at the Food Bank of South Jersey



Presented by: **Snapple**





## Event Schedule\*

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5:45 p.m.	Mentors Arrive
6:00 p.m.	Teams Arrive - enter through the Volunteer Entrance
6:20 p.m.	Judges Arrive
6:30 p.m.	Doors Open: General Admission
6:40 p.m.	Opening Ceremony: Team Procession
7:00 p.m.	Let the Games Begin
7:45 p.m.	Fire Out: Let the Judging Begin
8:00 p.m.	Best of Bite-Sized Dessert Award
8:05 p.m.	Raffle Announcements
8:15 p.m.	Food Bank Hunger Games Winner Declared
8:20 p.m.	Closing Ceremony

\*This event schedule is subject to change.



**THE FOOD BANK HUNGER GAMES** is an entertaining, team building challenge with proceeds going to benefit the Food Bank's hunger relief programs for children. Corporate teams get one box of mystery ingredients and 45 minutes to whip up a dish for three food savvy judges in a LIVE cooking competition.

## 2017 GAME RULES

Each competing team will designate:



- 1** Chef
- 1** Sous chef
- 2** Prep people

**45 Minutes** to cook and present meal to the judges.

**Each competing team will receive:**



**1 Box of Identical Food Items** - The contents of the boxes are similar to the types of food distributed by the Food Bank to those in need.



**Help From a Mentor** - Your mentor is a professional culinary advisor, who solicits extra ingredients on your behalf and guides your meal preparation.

### JUDGING:

The judging panel is made up of three media/food savvy critics. They will base their decisions on the following criteria: Taste, presentation, and use of four of the five MyPlate components.

Tickets \$10 (\$15 at the door)	Raffle	Best of the Bite-Sized	Wine Tasting
Teams get <b>10</b> free tickets! To purchase additional visit <a href="http://foodbanksj.org/hungergames">foodbanksj.org/hungergames</a> or call 856.662.4884 ext. 119.	There will be over 10 raffle items, one item being a roundtrip ticket by United Airlines!	Attendees get to cast their vote for the People's Choice Best of the Bite Sized Desserts Award.	South Jersey based wineries will be sampling their wines at the event.



# ARE YOU READY FOR THE CHALLENGE?



**Step 1: Assemble your team!** 1 chef, 1 sous chef and 2 prep people.

**Step 2: Find a mentor!** Do you need us to assign you a mentor or are you bringing your own?

**Step 3: Spread the word that you're competing!** Tell your whole company and invite friends and family. Teams get 10 free tickets, to purchase more visit [foodbanksj.org/hungergames](http://foodbanksj.org/hungergames) or call 856.662.4884 ext. 119.

**Step 4: Dress like winners!** Make team shirts or have your supporters bring signs to cheer you on.

**Step 5: Join us on Facebook!** Visit [www.facebook.com/foodbankofsouthjersey](http://www.facebook.com/foodbankofsouthjersey) and use #FBSJHungerGames on Social Media.



# Ingredients: How This Works

The audience can purchase additional ingredients for your team that aren't included in your mystery box at the bank

Your supporters can buy ingredients (with cash or credit card) before the games begin by filling out this sheet and bringing it to the bank or your mentor can seek out sponsorship during the competition

**Additional ingredients come at a first come first serve basis but the following are ingredients you can expect**

## **BAKING: \$5.00**

- ☐ All Purpose Flour
- ☐ Baking Powder
- ☐ Baking Soda
- ☐ Cornstarch
- ☐ Sugar

## **DAIRY: \$4.00**

- ☐ American Cheese Slices
- ☐ Cheddar Cheese
- ☐ Cream Cheese
- ☐ Eggs
- ☐ Feta Cheese
- ☐ Nonfat Greek Yogurt
- ☐ Parmesan Cheese
- ☐ Unsalted Butter

## **DRY & CANNED GOODS: \$5.00**

- ☐ Chicken Broth
- ☐ Chicken in Water
- ☐ Dried Cranberries
- ☐ Hamburger Buns
- ☐ Just Peachy Salsa
- ☐ Old Fashioned Rolled Oats
- ☐ Pineapples in Water or Light Syrup
- ☐ Soy milk

## **PRODUCE: \$4.00**

- ☐ Apples
- ☐ Avocados
- ☐ Baby Spinach
- ☐ Basil
- ☐ Bell Peppers, Red or Yellow
- ☐ Blueberries
- ☐ Broccoli
- ☐ Carrots
- ☐ Cilantro
- ☐ Garlic
- ☐ Lemons
- ☐ Limes
- ☐ Oranges
- ☐ Parsley
- ☐ Russet Potatoes
- ☐ Sweet Potatoes
- ☐ Strawberries

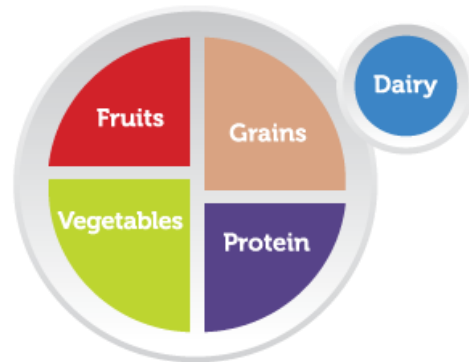
## **SPICES, CONDIMENTS &**

### **OTHER: \$5.00**

- ☐ Almonds
- ☐ Barbecue Sauce
- ☐ Black Pepper (Ground)
- ☐ Cayenne Pepper
- ☐ Cinnamon (Ground)
- ☐ Cumin (Ground)
- ☐ Extra-Virgin Olive Oil
- ☐ Honey
- ☐ Hot Sauce
- ☐ Ketchup
- ☐ Maple Syrup
- ☐ Mayonnaise
- ☐ Mustard
- ☐ Oregano (Dried)
- ☐ Ranch Dressing
- ☐ Soy Sauce
- ☐ Sea Salt
- ☐ Walnuts

## **Ingredient Bundle: \$20**

**The bundle includes an assortment of the ingredients listed.**



Include at least 4 of the 5 MyPlate food groups

Plan a meal that serves 4 people using the ingredients from your mystery box

You do not need to use every ingredient in your mystery box