



**Fred Wasiak**  
**President & CEO**

Fred Wasiak is an accomplished executive with over 35 years of leadership and management experience. As President & CEO of the Food Bank of South Jersey, he oversees all aspects of the organization, including financial sustainability and operations, community engagement, programs, board and staff development.

Prior to joining the Food Bank, Fred was owner/principal of Humanics Consulting where he provided consulting, training, coaching and development services for board, staff and nonprofit organizations, including YMCAs, NJ Department of Education, Center-for-Nonprofits and National Afterschool Association conferences. He also served 27 years in several YMCAs spanning from New York to New Jersey as a program director to CEO and worked for Goodwill Industries of New Jersey and Philadelphia initiating their community development program.

Over the years, Fred has served on boards of directors for numerous nonprofit organizations. He holds a master of science degree in Human Services with a concentration in Organizational Management/Leadership from Springfield College in Wilmington, DE and a bachelor of science degree from Niagara University in Niagara Falls, N.Y. Coaching certifications and course work includes: Fowler International Academy of Professional Coaching and CTI's Fundamentals of Co-Active Coaching.

Fred resides in South Jersey with his wife and their children.