

FIGHTING TO FEED KIDS YEAR-ROUND

In South Jersey alone, 57,000 children are food-insecure and have likely experienced what it feels like to go to bed hungry. When it comes to health and development, children who do not get enough to eat are immediately at a disadvantage. Studies have shown that children who do not get proper nourishment are more likely to have lower math scores, repeat a grade and experience developmental impairments in language, motor skills and behavior.

Since every child deserves to have a healthy start, the Food Bank of South Jersey (FBSJ) is committed to fighting childhood hunger year-round with several programs:

Summer Meals Program: Summer is not a care-free time for children and families who rely on school-subsidized meal plans. Instead, they are left to wonder how they are going to replace those meals. This is where the FBSJ's Summer Meals program steps in to help shoulder the burden. The program provides children with fresh and nutritious meals for breakfast, lunch and dinner for 10 weeks in the summer.

Kidz Pack Program: Every Friday during the school year, the FBSJ's Kidz Pack program supplies food-insecure children from pre-school through high school with a backpack containing nutritionally-balanced meals to sustain them and their families through the weekend. The packs are designed for the children to easily prepare meals for themselves.

College Food Pantries: For some children, hunger can follow them into their college years. The FBSJ is working to help these students and their families by partnering with local colleges and universities to establish food pantries right on campus to provide easy access for students.

Other kid-focused programs include School Pantry, which works with school administrators and parent-teacher organizations to identify and assist families with a monthly delivery of supplemental groceries, and Kids Café, which supplies dinner and nutritious snacks in safe and supervised environments.

EMERGENCY FOOD FUND: ONE STEP AHEAD OF DISASTER

In the wake of the U.S. Government's temporary shutdown in December 2018, many furloughed employees turned to organizations like the Food Bank of South Jersey (FBSJ) for help.

The surge in direct food requests prompted the FBSJ to launch an Emergency Food Fund.

Today, and in the future, the Emergency Food Fund enables the FBSJ to respond to unforeseen disasters – like the government shutdown – by purchasing additional food supplies to increase its distribution to impacted communities.

"We launched this fund not just because of the increased need caused by the temporary government shutdown, but so we can be prepared to respond to any emergency that affects Burlington, Camden, Gloucester or Salem counties and our sister food banks all over the nation," says Fred C. Wasiak, President & CEO, FBSJ. "Our network of 150 agencies turn to us when disaster strikes, and this fund will allow us to stand ready to meet their needs and mitigate the effects on families."

Ninety cents of every dollar donated to the Emergency Food Fund is designated for program support. You can make a one-time or reoccurring donation to the program by visiting the FBSJ's website.

ENCOURAGING HEALTHY CHOICES

The proverbial saying "you are what you eat" can certainly make you think twice before selecting your next food item.

To help members of the community make healthier food choices and lead healthier lives, the FBSJ offers the Healthy Pantry Initiative (HPI), funded by New Jersey's Supplemental Nutrition Assistance Program-Education (SNAP-Ed). SNAP-Ed, which is administered a collaboration between the New Jersey Department of Human Services and Department of Health, is a federally funded nutrition and physical activity program. It provides information and hands-on workshops to encourage people of all ages to make healthy food choices and lead more active lives.

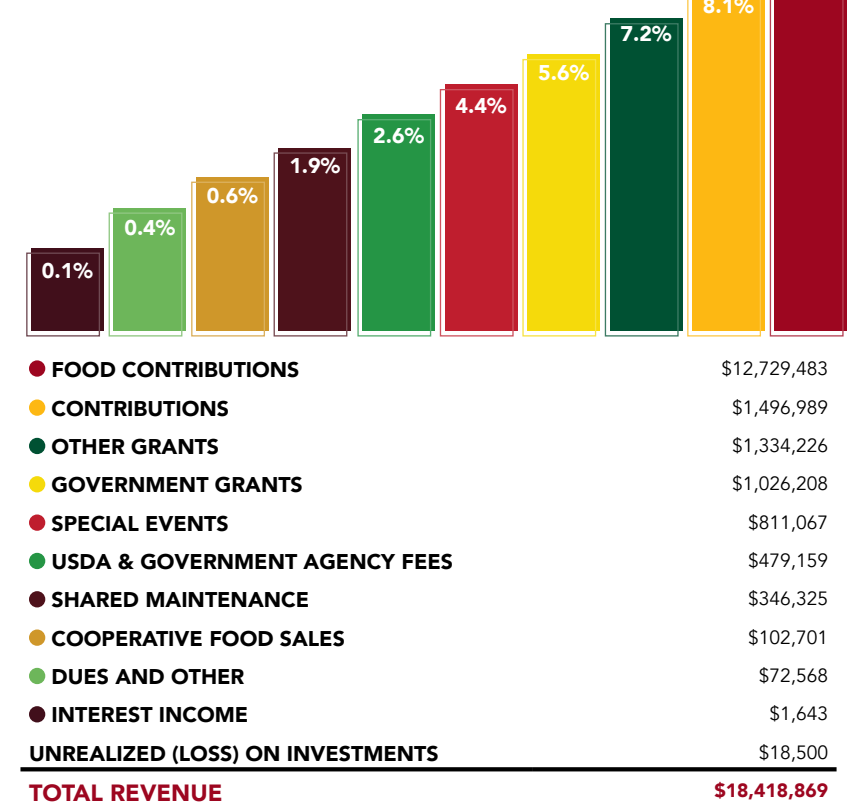
The HPI promotes healthier food choice at pantries by offering cooking demonstrations and workshops as part of SNAP-Ed's Just Say Yes curriculum. Instead of leaving with a bag of pre-prepared food, pantry participants are encouraged to use learned nutritional facts and seasonal recipes to make informed food choices and select healthy food items.

"Our hope is to provide people with nutritional information and tips on maintaining healthy habits on a budget so they feel empowered to improve their health and wellbeing," said Fred C. Wasiak, President & CEO, FBSJ. "We believe giving people the ability to choose what food they would like to bring home to their families makes the process more dignified. It also gives them the opportunity to develop healthy habits by making the decision to select the healthy food options that the pantries offer."

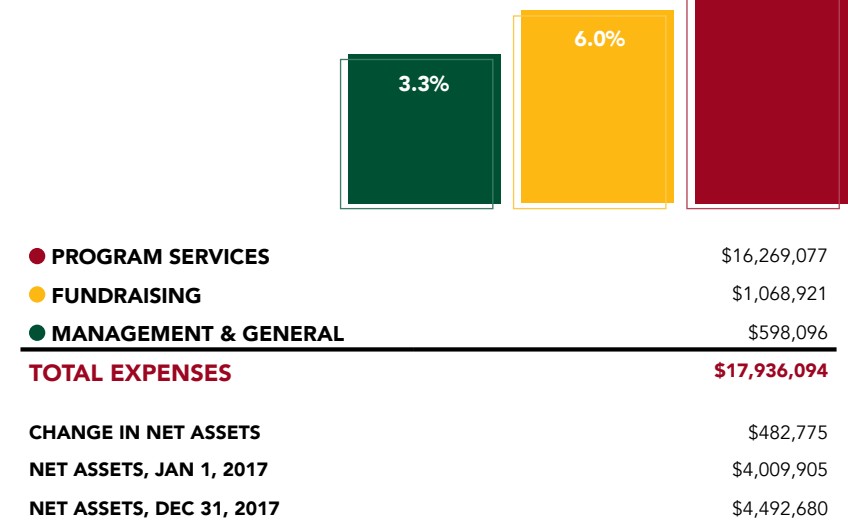
FBSJ's HPI program currently serves 3,000 pantry participants in 50 pantries across FBSJ's four-county region. SNAP-Ed is available statewide. To find out more about SNAP-Ed, visit NJSNAP-Ed.gov

FINANCIALS

TOTAL REVENUE



TOTAL EXPENSES



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@foodbankSJ #EndHungerinSJ



The **Food Bank of South Jersey** exists to provide an immediate solution to the urgent problem of hunger by providing food to needy people, teaching them to eat nutritiously, and helping them to find sustainable ways to improve their lives.

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A MESSAGE FROM THE PRESIDENT AND CEO



The Food Bank of South Jersey is committed to “Raising the B.A.R.” (Belonging, Achievement, Relationships) to expand our mission and help more people in the communities we serve. With this mindset, we’re poised to take things to a whole new level.

We’re also laser focused on creating smart, efficient ways to expand food distribution efforts, create more partnerships and expand community engagement – all in the sake of providing food, wellness and nutrition to our neighbors.

Our amazing staff’s steadfast commitment to create and deliver solutions to our South Jersey neighbors is only growing stronger. Through our wide food distribution network, nutrition education classes and workforce development initiatives, we aim to transform anguish into hope for the over approximately 200,000 South Jersey residents.

I invite you to join us to “Raise the B.A.R.” by getting involved with the many volunteer and partnership opportunities at FBSJ. Together, we can eradicate food insecurity within our communities.

Regards,

Fred C. Wasiak

A MESSAGE FROM THE BOARD CHAIRMAN



Greetings,

After serving on the Food Bank of South Jersey’s Board of Directors for three years, I’m proud to now serve as Board Chair.

During this transition, I’ve taken some time to evaluate best practices - what has worked well in the past and things we can do to accelerate our mission of feeding people in South Jersey.

While we’re making progress, there’s still a lot more that needs to be done to reduce food insecurity.

Through our new emphasis on board engagement and activities, we expect to do even more - even better and faster - than we have in the past. It is exciting to be working with an energized and engaged Board that is committed through financial support and active, dedicated participation to furthering the cause of reducing and eventually eliminating food insecurity in our area.

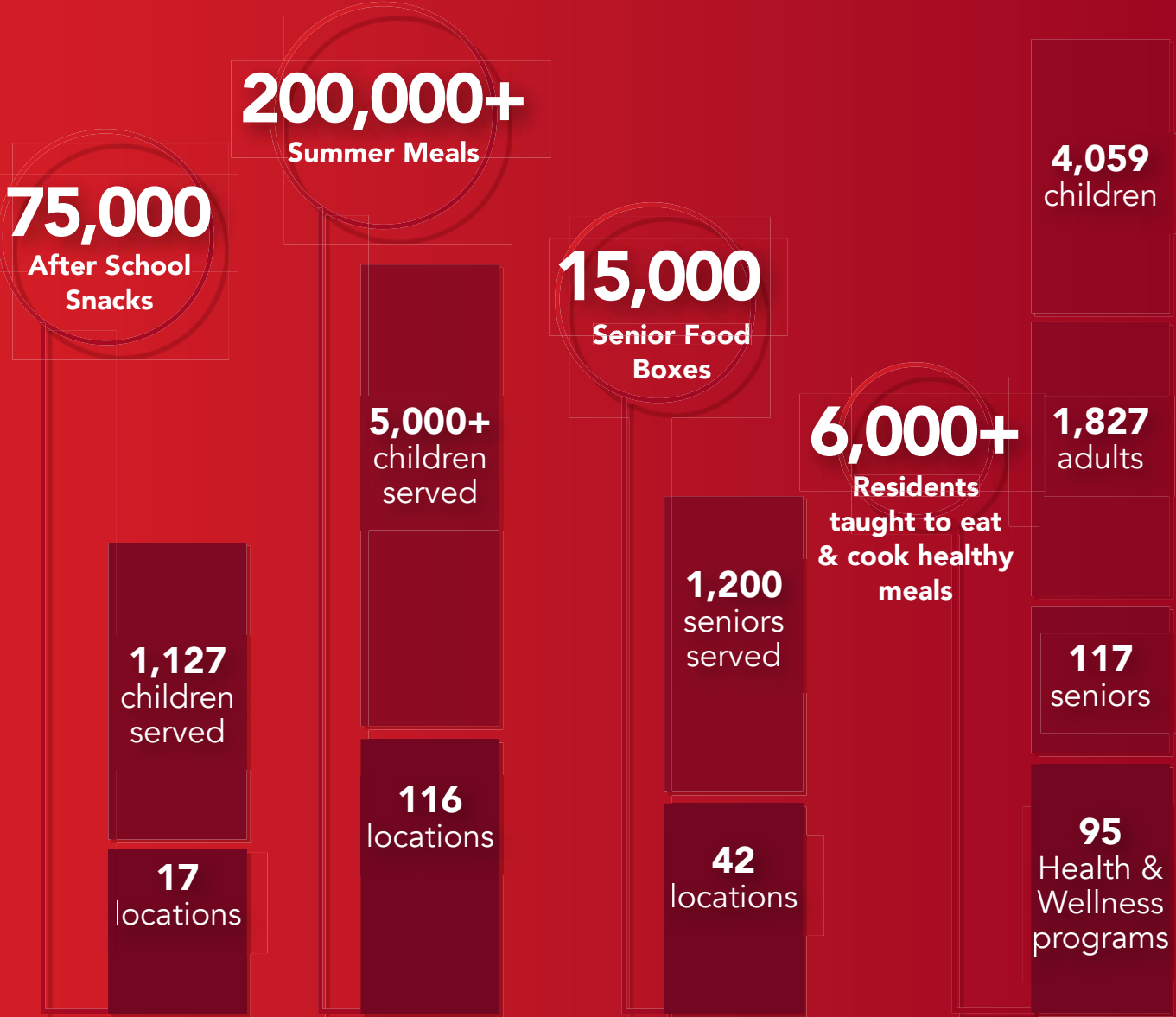
Sincerely,

Joe Ford



BE MORE AND BETTER TOGETHER!

IN 2018, 11 MILLION POUNDS OF FOOD WAS DELIVERED TO BURLINGTON, CAMDEN, GLOUCESTER & SALEM COUNTIES



PROGRAMS CONDUCTED IN FOUR-COUNTY SERVICE AREA.

TOP INSTITUTIONAL DONORS



TOP FOOD DONORS

