



Live Local. Give Local.

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Fred C. Wasiak

President and Chief Executive Officer (CEO)

Under Fred's leadership, FBSJ which was established in 1985 with the mission to provide an immediate solution to the urgent problem of food insecurity, continues the mandate to alleviate hunger by eliminating barriers to food access and offering relevant programming and resources that seek to improve the lives of impacted residents.

As an accomplished executive with over 35 years of management and leadership experience, Fred is steering FBSJ, the leading hunger-relief organization in the southern region of New Jersey, into a future that builds upon the organization's core competencies while paving the way for innovation and sustainability.

Over the years, Fred has served on boards of directors for numerous nonprofit organizations. Prior to joining the Food Bank, Fred was owner/principal of Humanics Consulting where he provided consulting, training, coaching and development services for board, staff and nonprofit organizations. He also served 27 years in several YMCAs spanning from New York to New Jersey as a program director to CEO and worked for Goodwill Industries of New Jersey and Philadelphia initiating their community development program.

He holds a Master of Science degree in Human Services with a concentration in Organizational Management/Leadership from Springfield College in Massachusetts, and a Bachelor of Science degree from Niagara University in Niagara Falls, N.Y.

Fred resides in South Jersey with his wife, Betsy and they have three wonderful children. Oldest is married, middle is engaged, and youngest is in graduate school!



The Food Bank of South Jersey provides food to people in need, delivers health and wellness programs, and designs sustainable solutions to help people improve their lives.