

When you give to the Food Bank of South Jersey, all the donations stay in South Jersey! Live local. Give Local.



Ask about our Virtual Food Drive opportunities!

#### **STEP 1: DESIGNATE A COORDINATOR**

This person (very possibly you) will be responsible for communication with the Food Bank of South Jersey, promoting the food drive, and coordinating the actual collection. You may want to have several people act as a committee, but there should only be one person in contact with the food bank. Please fill out the attached registration form and either e-mail to **fooddrive@foodbanksj.org** or fax to 856-662-4489.

### **STEP 2: PLAN YOUR COLLECTION AND PICK DATES**

Holidays are typically the time when most people lend a helping hand, but food drives can be conducted any time of the year. Hunger doesn't take a holiday. The perfect time for your food drive is NOW. Select a start date that gives you plenty of time for planning and organization.

Where will you collect the food? What will you put it in? The Food Bank of South Jersey can supply collection bins, or you can use your own containers or boxes. Please note that during our busiest season – September through December – bins may not be available.

#### **STEP 3:** MAKE IT FUN AND SET A GOAL!

Get creative! Also, people like to shoot for a goal. Determine how many pounds of food, or how many items you hope to collect. Don't be afraid to think big! When your donation is received and will be weighed and receipt provided.

#### **STEP 4: PRINT OUR WISH LIST AND SPREAD THE WORD!**

All non-perishable food donations are appreciated, but there are certain items we always need the most. Attached is the **Most Needed Items list**. Distribute it to your target audience and start spreading the word. Promote your food drive by hanging posters, distributing flyers, and sharing on social media and don't forget to tag us **@foodbankSJ #FoodDrive** 

#### **STEP 5: DELIVER THE FOOD OR PREPARE FOR OUR PICKUP**

If you drop the food off yourself, you save us time, money and resources. Our warehouse, located at 1501 John Tipton Blvd., Pennsauken, NJ, is open Monday to Friday between 8:30 a.m. and 3:30 p.m.

No appointment is necessary. If you are unable to deliver, call for a pickup when your bins are almost full, but before they are overflowing. Pickup requests should be made as far in advance as possible, as it may take a few days to get a driver out to you.

# Pickups can be scheduled by calling 856.662.4884 ext. 131 or emailing fooddrive@foodbanksj.org

# **Virtual Food Drive**

Get your whole team involved in a Virtual Food Drive. It's a great way for your staff, coworkers, friends and family to unleash their creativity and build community spirit!





**WE CANNOT ACCEPT** previously opened containers, repackaged and homemade items, outdated products, or perishables - i.e. breads, pies, cakes, produce, meat (fresh or frozen), or baby items. When choosing foods to donate, kindly consider the nutrient value so that our South Jersey children, adults and seniors are receiving healthy and nutritious meals year round.

# **MOST NEEDED ITEMS:**

## **HIGH PROTEIN ITEMS**

Peanut butter Canned tuna or salmon Canned chicken or ham Beans-canned or dried Peanuts, sunflower seeds, almonds

# FRUITS AND VEGETABLES

Vegetables (canned) Fruit (canned) Fruit cups Applesauce Dried fruit (raisins, cranberries, prunes)

# **MIXED ITEMS**

Macaroni and cheese Canned soups Canned stews, chili Ravioli, spaghettios, etc. Granola bars

## **DAIRY** Shelf-stable milk

# **BREADS AND CEREALS**

Oatmeal Breakfast cereals (large boxes) Pancake mix Rice Pasta (whole grain)

## HOLIDAY ITEMS

Stuffing mix Cranberry sauce Gravy (canned) Instant mashed potatoes (boxed) Canned pie fillings



# **#IMPORTANCE OF SOCIAL MEDIA**



- Facebook, Twitter, Instagram, Pinterest, and SnapChat are great tools to help keep donors and advocates up to date
- Share information about your food drive activities on social media to increase awareness and support
- Social media can help spread the word and connect your organization to South Jersey!

# FOLLOW US, LIKE US.

# Ask about our Virtual Food Drive opportunities!

<image/> <text></text>	FOOD DRIVE REGISTRATION FORM
Name of Organization Hosting Drive:	
Type of Organization (check one):	
School Company Place of Worship	Civic Association Other:
Address where food will be collected:	
City, State: County:	Zip:
Contact person:	
Contact phone: (office)	(mobile)
Contact email:	
Hours of Operation:	Special delivery instructions:

## PLEASE RETURN COMPLETED FORM TO:

fooddrive@foodbanksj.org or fax to 856-662-4489.

