

Volunteer at FBSJ	Recruit at least 5 new volunteers	Tell someone new about FBSJ	Create a HAM social post	Send a donation appeal
Attend an H&W class	Send an advocacy message	Share FBSJ's newsletter with your office	Wear orange & take a selfie on September 10 - Hunger Action Day	Share a post from Feeding America on social
Drop off a community donation box	Share on social why you partner with us		Share tips for preparing healthy school lunches	Cook an H&W recipe
Raise \$1000 in your Virtual Food Drive	Invite a local legislator to tour FBSJ	Donate allergy-friendly foods to FBSJ	Visit an agency distribution	Re-post an FBSJ social post
Share a hunger fact via email	Contact a local school about Students Change Hunger	Recruit a new donor	Attend a HAM event	Give a shout out to a food banker on Ntl Food Bank Day (Sep 6)