


Recruit at least 5 new volunteers	Contact a local school about Students Change Hunger	Share on social why you partner with us	Cook an H&W recipe	Donate allergy-friendly foods to FBSJ
Drop off a community donation box	Share a hunger fact via email	Send a donation appeal	Share tips for preparing healthy school lunches	Send an advocacy message
Attend a HAM event	Recruit a new donor		Share FBSJ's newsletter with your office	Share a post from Feeding America on social
Invite a local legislator to tour FBSJ	Tell someone new about FBSJ	Volunteer at FBSJ	Wear orange & take a selfie on September 10 - Hunger Action Day	Re-post an FBSJ social post
Raise \$1000 in your Virtual Food Drive	Create a HAM social post	Visit an agency distribution	Attend an H&W class	Give a shout out to a food banker on Ntl Food Bank Day (Sep 6)