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| Wear orange & take a selfie on September 10 - Hunger Action Day | Share on social why you partner with us | Invite a local legislator to tour FBSJ | Re-post an FBSJ social post | Attend a HAM event |
| Cook an H&W recipe | Attend an H&W class | Volunteer at FBSJ | Recruit at least 5 new volunteers | Create a HAM social post |
| Share tips for preparing healthy school lunches | Share a post from Feeding America on social |  | Send an advocacy message | Drop off a community donation box |
| Contact a local school about Students Change Hunger | Visit an agency distribution | Donate allergy-friendly foods to FBSJ | Share FBSJ's newsletter with your office | Recruit a new donor |
| Share a hunger fact via email | Raise \$1000 in your Virtual Food Drive | Give a shout out to a food banker on Ntl Food Bank Day (Sep 6) | Send a donation appeal | Tell someone new about FBSJ |