


Share FBSJ's newsletter with your office	Volunteer at FBSJ	Tell someone new about FBSJ	Contact a local school about Students Change Hunger	Cook an H&W recipe
Share a hunger fact via email	Give a shout out to a food banker on Ntl Food Bank Day (Sep 6)	Drop off a community donation box	Attend an H&W class	Attend a HAM event
Send a donation appeal	Share tips for preparing healthy school lunches		Raise \$1000 in your Virtual Food Drive	Share on social why you partner with us
Recruit at least 5 new volunteers	Wear orange & take a selfie on September 10 - Hunger Action Day	Recruit a new donor	Visit an agency distribution	Create a HAM social post
Share a post from Feeding America on social	Re-post an FBSJ social post	Invite a local legislator to tour FBSJ	Donate allergy-friendly foods to FBSJ	Send an advocacy message