

Contact a local school about Students Change Hunger	Visit an agency distribution	Attend an H&W class	Share on social why you partner with us	Donate allergy-friendly foods to FBSJ
Send an advocacy message	Invite a local legislator to tour FBSJ	Recruit at least 5 new volunteers	Share tips for preparing healthy school lunches	Give a shout out to a food banker on Ntl Food Bank Day (Sep 6)
Send a donation appeal	Share FBSJ's newsletter with your office		Wear orange & take a selfie on September 10 - Hunger Action Day	Recruit a new donor
Share a hunger fact via email	Share a post from Feeding America on social	Tell someone new about FBSJ	Cook an H&W recipe	Volunteer at FBSJ
Attend a HAM event	Drop off a community donation box	Create a HAM social post	Re-post an FBSJ social post	Raise \$1000 in your Virtual Food Drive